

1. Always wash your hands ***before*** putting on gloves.

2. Wear gloves to help prevent contaminating ready to eat foods.

3. Or to protect a food contact surface such as opening a milk carton for a child.

4. Change you gloves anytime you should need to wash your hands. Especially:

* After touching your body or hair
  + - After using the toilet
    - After eating or drinking
    - After handling dirty utensils or equipment
    - After handling raw food
    - After any activity that contaminates your gloves



5. Remember to wash your hands before changing gloves.

**Gloves Work-----ONLY When You Wear Them Correctly!**